



PENDLE HILL
LANDSCAPE
PARTNERSHIP



People Enjoying Nature

October 2021—January 2022

These sessions are free but booking is essential for every session. Please contact Jayne Ashe (0777027643).

Transport is available and we will also provide you with information of where the pick up points are for each session.

All sessions will begin at 11.30am, and finish at approx. 2.30pm, but transport will pick up 30mins before the session. Please be aware that some sessions involve a short walk.

Date: Thursday 4th November 2021

Activity: Mindfulness Walk and Forest Bathing

Session starting at Barley Car Park

Join us and Stacey Mckenna-Seed, an outdoor counsellor for a relaxing mindfulness walk. We will immerse ourselves in some forest bathing and focus on our connection to nature. Please bring a packed lunch and wear suitable outdoor clothing and footwear. This session involves a walk of max 3 miles.

Date: Thursday 11th November

Activity: Get Creative Outdoors

Session at Clarion House, Roughlee.

Join us for an indoor outdoor arts session led by local artist Keith Parkinson. Inspired by the wonderful heritage surrounding Clarion House, we will use different techniques to sketch and create. No art experience necessary! Wear outdoor shoes and please bring a packed lunch

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Date: Thursday 25th November

Activity: Tree Cookies and Wooden Reindeers

Meet at Offshoots, Towneley Park, Burnley

Join us for the first seasonal session of the year! We will be making Christmas tree cookies and wooden reindeers. All materials and equipment provided. Please bring a packed lunch.

Date: Friday 10th December

Activity: PEN + Open Gate Christmas Celebration!

Meet at Opendoor Centre, Colne,

Join us for our People Enjoying Nature Christmas Party! We will be spending the first part of the session making Christmas wreaths. All materials provided! Stay a little longer and join us for some festive food! Everyone welcome.

Date: Friday 7th January

Activity: Clitheroe Castle Museum

Meeting point Clitheroe

Explore Clitheroe Castle Museum and discover 350 million years of local history!

Date: Thursday 20th January

Activity: Giving Nature a Home

Meeting point Offshoots, Towneley Park, Burnley

Come along and help us make a hedgehog house or bird box (or both!). No experience necessary and all tools and materials provided. Please bring a packed lunch.