



**Lancashire &
South Cumbria**
NHS Foundation Trust

**PENDLE HILL
LANDSCAPE**
PARTNERSHIP



People Enjoying Nature: DECEMBER 2022

These sessions run from 11.30am to 2.30pm and are FREE

Booking is essential. Free transport is also available. Please call 01282 657210 or email PEN@lscft.nhs.uk to reserve your place!



Thursday 1st December: Clitheroe Castle a behind the scenes tour with Jess Wight, plus a look around the castle and grounds.

Meet at Clitheroe Castle entrance (there is limited public parking and a disabled bay available here, so please use public parking in the town if you can) BB7 1BA

Thursday 15th December: Pendle Heritage Centre, and Barrowford Park A wandering walk around the grounds, looking at winter wild-

life Meet at the Heritage Centre entrance (there is limited public parking and a disabled bay available here, so please use car park over the road if you can) BB9 6JQ



Please remember to dress for the outdoors: wear warm waterproof clothes, plus boots/outdoor shoes, gloves and a hat! BYO Drinks and snacks