How to use: Listening Postcards

Listen to all the sounds within a landscape- drawing and describing them on a postcard. This provides a new way to interpret sounds, and show a Child's understanding and feelings.

When in a new landscape, experiencing the different senses, it can be over whelming. Taking 5-10 min to sit quietly and individually, to comprehend what is around, helps to deepen learning and understanding. Plus it allows for further conversations to come from a child's interpretation and creativity.

The activity:

- Explain that ears are used for listening and we are going to discover what is around us by just listening. Demonstrate an example on own listening postcard.
- 2. Demonstration example includes listening, hearing a bird, and the interpretations put to paper, either through pictures, sound waves or Onomatopoeias. See examples below.
- 3. Ask everyone to find a quiet spot with a pen and pencil and postcard sheet.
- 4. Sit quietly for 2 minutes and just listen.
- 5. Then note down the noises, sound waves, causes of the sound and verbs for each one.
- 6. In a different habitat, or back at school grounds, repeat with a different coloured pencil. Discover if you hear different or similar sounds.
- On the lined side of the postcard write sentences about what you heard, liked or disliked. Don't forget to put the address (location) and draw own stamp.



Age/ Key Stage:

KS1 and KS2 Simplify to just drawing for younger children

National Curriculum links:

- Observation and sensory exploring.
- KS1 art and design, spoken language, writing and listening skills.
- KS2 spoken language, writing, listening, vocabulary and creativity. Design, make and evaluate

Location/habitat:

 Ideally repeat activity in two different habitats or locations. Urban or rural, woods or open field, school grounds or own garden/yards.

Equipment required:

- The listening postcards
- Pencil
- Clipboard
- Somewhere to sit and write









For more resources and outdoor lesson plans visit **www.pendlehillproject.com/explore-learning** © This document has been created by the Outdoor Learning Officer for The Ernest Cook Trust and Pendle Hill Landscape Partnership Scheme. The Scheme is led by the Forest of Bowland AONB and supported by the National Lottery Heritage Fund.